



MS Views and News invites you to an exciting new educational program:

BALANCE

*An Educational Experience Addressing the Many
Aspects of Living Well with MS*

Special Guest Speakers:

Daniel Kantor, MD –Neurology

To Discuss:

- An overview of multiple sclerosis (MS)-gaining a deeper understanding of the importance for early treatment
- Effective communication with your healthcare team; your priorities and goals- understanding medical jargon to help you and your support partner effectively communicate with your healthcare team
- Understanding and recognizing MS Relapse and recovery.
- What is a comprehensive healthcare team in relation to MS? Extending YOUR healthcare team to meet all your needs as they may change



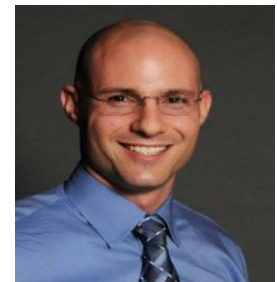
And

Jeff Segal, MS Exercise Specialist

and **Certified Personal Trainer, NSCA-CPT, CSCS, CPTS, CPR/AED**

To Discuss: Staying active and living well.

Exercise and movement at any level to improve strength and flexibility.
Addressing balance and spasticity through movement.
An inspiring talk focusing on living well with MS and what you can do tod



Date: February 22nd, 2018

5:50pm – Registration -/ 6:25pm – Program Begins

Complimentary Dinner

**Location: Holiday Inn Daytona Beach LPGA
137 AutoMall Circle, Daytona Beach, Fl. 32124**

PLEASE Register (RSVP) Online at: www.events.msvn.org

If you do not have internet access, please call (888) 871-1664 - Ext 102/

Program limited to The MS Patient plus a max of (1) Guest

No children permitted under the age of 16 unless this is a child that has MS

Program Supported with a charitable contribution from:



and educational grants



and



Exhibitors:



Program provided by MS Views and News, a 501C3 not for profit organization

MS Views and News is MAKING an IMPACT on those affected by Multiple Sclerosis